

IAESTE internship, Taoyuan Taiwan, 11/2022-05/2023

SHL medical

Theresa Stecher



Sunset hike around Kenting (south of Taiwan)



Chikan Tower in Tainan

Work

I was part of the process development department, more specifically working on the analysis and optimization of their printing processes. This encompassed visits to different factories distributed around Taoyuan. Something that I really liked about the work there is the responsibility given by working on your own projects, where you could lead projects involving different departments as well as external supplier.

However, a challenge that I faced since I didn't know any Chinese before going to Taipei was the language. Some documents that I had to use were not available in English. Luckily, I had amazing colleagues who always tried to help me out.



Teambuilding event

Free time

During my stay, I also had the opportunity to explore the country. Since Taiwan is even a bit smaller than Switzerland, most places can be reached quite easily. The west coast, where the major cities are located are easily reachable by public transport (train, bus...).

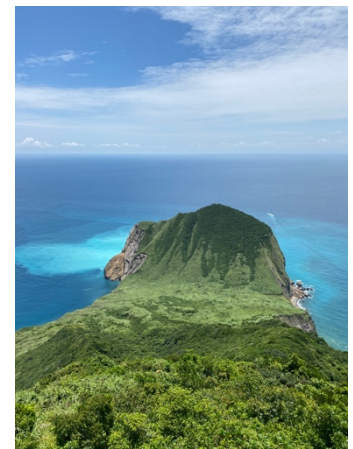
My favorite place in Taiwan was the east coast. Since this place is known for its beautiful nature, you can go hiking in the mountains or swimming, surfing,... on the numerous beaches you can find.



101 Tower in Taipei



Lantern festival in Taipei



Turtle island

Foodwise, various night markets exist in nearly every city and are a great place to go to try local food. I believe that during my stay there I used the kitchen in my apartment 3 or 4 times, as eating outside costs you as much as cooking yourself and the food there tastes amazing.

An aspect that largely contributed to my positive experience during my internship were the people that I met. My coworkers/friends always tried to help me out if any issues arised in my daily life and invited me to some weekend/day trips to show me different parts of Taiwan.



Candle DIY class with my Chinese teacher



Visiting a buddha museum with my coworker