

Personal Traineeship Report

Trainee: Georgios Kapsalidis

Incoming city: Zürich

Outcoming city: Athens

Company: Schäublin Architekten AG

Period: October 2017-October 2018

This internship gave me the opportunity to have my first work experience and further more to discover a country: Switzerland! During all this period I had to get used to new daily routine and lifestyle that made me more independent and organized. This process helped me a lot to be more self-confident and taking the right decision on the right time!



As I mentioned it was my first working experience so I cannot compare with something else. Maybe better as comparison is the thief of joy. :p But I could say that I have been really welcomed in the office, my colleagues were always really helpful to me and we had productive time together. Their professional level was height so I think this fact helps me a lot in my personal development. Something else that I really appreciated in Switzerland was the fact that the work is respected and you can get a very good quality of life.

When it comes in Swiss cusine I can confirm that cheese play a main role, typicall example Raclette and Fondue. Rösti was another dish that I really appreciated specially during the winter time.

The chapter of Swiss chocolates is longer and sweeter...in your bad days can be your best friends!

However the best place to taste all these foods is the landscape around Switzerland, the numerous mountains and lakes gave to them a unique nuance.



Due to IAESTE my experience in Switzerland was amazing! The high level of organisation and all this activities help me a lot to meet people from all around the world! In the end we were all part of a big family! I wish that every student could have the possibility to do the same...work, experience and discover!

