

## **Personal Traineeship Report**

I spent one year at Empa Research Institute in Dubendorf. I am very happy that I had the opportunity to work there with such great scientists and engineers. I learned a lot there! I gained a lot of work experience and I met many interesting people. Also, I had very good collaboration with my supervisor Dr. Andreas Brunner. I had the opportunity to expand my knowledge during work with him and his advices helped me to improve my social and presentational skills. This internship influenced also (very positively) on my personal development, because I became aware of some of my shortcomings-so I now know what I need to improve.

I also learned a lot from my Swiss colleagues, especially how to organize myself better and work more efficiently. I was amazed how they are good at it!

I like(d) Switzerland a lot! I saw so many breathtaking landscapes in the mountains and interesting architecture in different Swiss towns! Also, I liked very much traditional events on the streets (like carnivals)! Food is great, people are so communicative and open for socializing. I will also miss a lot Swiss chocolate and cheese, now I understand why people say that Swiss chocolate and cheese have no competition!

My general impression about this internship and IAESTE organization which enabled me to get it was great! For me, this experience definitely was life changing experience! It meant a lot to me, Thank You!

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